

# MAY

S M T W T F S

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

HABIT: \_\_\_\_\_

Details:

Reason:

Before:

After:

Success Rate: \_\_\_\_ / 31

%